# Basic Techniques in Laparoscopic Gynecology and Total Hysterectomy

## October 14<sup>th</sup> to 16<sup>th</sup>, 2021

#### **CHAIRMAN**

Henrique Prata President of Fundação Pio XII Hospital de Amor - Barretos

#### PRESIDENT

Jacques Marescaux President of IRCAD University of Strasbourg, France

#### **SCIENTIFIC DIRECTOR**

Armando Melani Americas Medical City Rio de Janeiro, Brazil

## **SCIENTIFIC COORDINATOR**

Luis Gustavo Romagnolo Hospital do Amor Barretos, Brazil

## **COURSE DIRECTOR**

**Ricardo dos Reis** Hospital de Amor Barretos - Brazil

## **COURSE CO-DIRECTOR**

Marco Puga Clínica Alemana Santiago Chile

## **ORGANIZING COMMITTEE**

Carlos ANDRADE Letícia SANDRE Lorena SIQUEIRA Marcelo Henrique DOS SANTOS Ronaldo SCHMIDT

**FACULTY AND TRAINERS** 





\*Presentation by videoconference

## **Basic techniques in laparoscopic** gynecology and total hysterectomy



## **COURSE OBJECTIVES**

- To provide basic abilities for a good performance in the gynecologic laparoscopic clinical practice.
- To describe step by step the used techniques for the most frequent gynecologic laparoscopic procedures.
- To describe the results of the procedures, as potential complications, and also how to prevent them.
- This course will give an emphasis on minimally invasive total hysterectomy (Laparoscopic and Vaginal).

## **EDUCATIONAL METHODS**

- Theoretical and video sessions, both interactives among faculty and participants of the course.
- Live and recorded surgical.
- Practice in live tissue.

## THIS COURSE IS ACCREDITED BY:





All our thanks for their crucial participation to:





And also to:

# Strattner



Check out our society partners and contact our office to check your discount!!



| Thursday,        | October 14 <sup>th</sup> 2021   |                  |
|------------------|---|------------------|
|                  | Velcome to participants<br>L SESSION - AUDITORIUM                     | Ricardo dos Reis |
| Chairpersons     |   |                  |
| 08:10 – 08:30 am | Why should I add laparoscopy in my daily gynecology practice?         |                  |
| 08:30 – 10:30 am | Live surgery - ovary  |                  |
| 10:30 – 11:00    | am Coffee Break   |                  |
| THEORETICA       | L SESSION – EXPERIMENTAL LABORATORY                                   |                  |
| Leader           |   |                  |
| 11:00 – 01:00 pm | WORKING STATIONS  |                  |
|                  | The participants will be divided into 4 groups                        |                  |
|                  | 1. Instrumentals  |                  |
|                  | 2. Care and cleaning the materials                                    |                  |
|                  | 3. Tower  |                  |
|                  | 4. Energy   |                  |
| 01:10 – 02:00    | pm Lunch at the institute   |                  |
| PRACTICAL S      | SESSION – EXPERIMENTAL LABORATORY                                     |                  |
| Leader           |   |                  |
| 02:00 – 03:00 pm | COGNITIVE EXERCISES – PART 1  |                  |
| THEORETICA       | L SESSION - AUDITORIUM  |                  |
| Chairpersons     |   |                  |
| 03:00 – 03:15 pm | How to start laparoscopy in gynecology: rules                         |                  |
| 03:15– 03:45 pm  | Basic materials for gynecological laparoscopy, and how to handle them |                  |
| 03:45 – 04:00 pm | Position of the patient   |                  |
| 00.10 01.00 pm   |   |                  |
| 04:00 – 04:15 pm | Tips and tricks in gynecological laparoscopy                          | -                |

| Leader           |   |  |
|------------------|---|--|
| 05:05 – 06:00 pm | COGNITIVE EXERCISES – PART 2  |  |
| 06:00 pm         | End of the day / Faculty & Participants Shuttle Bus : IRCAD – Hotel<br>This programme may be subject to modifications or cancellations for timing reasons |  |

## **Basic techniques in laparoscopic** gynecology and total hysterectomy



| Friday, October 15 <sup>th</sup> 2021         THEORETICAL SESSION - AUDITORIUM         Chairpersons          08:00 - 08:30 am       Total hysterectomy: step by step          08:30 - 10:30 am       Live surgery - total Laparoscopic Hysterectomy          10:30 - 11:00 am       Coffee Break       THEORETICAL SESSION - AUDITORIUM         Leader           11:00 - 11:15 am       Surgical rules in laparoscopy          11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 12:00 pm       Video session: ovarian cystectomy          11:45 - 12:00 pm       Laparoscopic myomectomy          12:30 - 01:00 pm       Questions session - PART 2          01:10 - 02:00 pm       Lunch at the institute       PRACTICAL SESSION - EXPERIMENTAL LABORATORY         Leader            03:00 - 03:00 pm       SUTURE EXERCISES - PART 1       THEORETICAL SESSION - AUDITORIUM         Chairpersons            03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy  |                  |  |  |
|---|------------------|--|--|
| Chairpersons          08:00 - 08:30 am       Total hysterectomy: step by step          08:30 - 10:30 am       Live surgery - total Laparoscopic Hysterectomy          10:30 - 11:00 am       Coffee Break         THEORETICAL SESSION - AUDITORIUM         Leader          11:00 - 11:15 am       Surgical rules in laparoscopy          11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 11:30 am       Pelvic anatomy          11:45 - 11:30 am       Video session: ovarian cystectomy          11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 12:00 pm       Video session: ovarian cystectomy          12:00 - 12:15 pm       Correct approach of the adnexal mass          12:10 - 02:00 pm       Lunch at the institute       PRACTICAL SESSION - EXPERIMENTAL LABORATORY         Leader           02:00 - 03:00 pm       SUTURE EXERCISES - PART 1          THEORETICAL SESSION - AUDITORIUM           Ofairpersons            03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy   | Friday, Oc       | tober 15 <sup>th</sup> 2021  |  |
| 08:00 - 08:30 am       Total hysterectomy: step by step          08:30 - 10:30 am       Live surgery - total Laparoscopic Hysterectomy          10:30 - 11:00 am       Coffee Break         THEORETICAL SESSION - AUDITORIUM         Leader          11:00 - 11:15 am       Surgical rules in laparoscopy          11:15 - 11:30 am       Pelvic anatomy          11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 12:00 pm       Video session: ovarian cystectomy          12:00 - 12:15 pm       Correct approach of the adnexal mass          12:10 - 01:00 pm       Lunch at the institute          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          12:00 - 03:00 pm       SUTURE EXERCISES - PART 1         THEORETICAL SESSION - AUDITORIUM          03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecology          03:00 - 03:30 pm       Video session: difficulty and challenging gynecological laparoscopy          03:00 - 03:35 pm       Preoperative and post surgery in gynecological laparoscopy          03:00 - 03:35 pm       Video session: difficulty and challenging in total laparoscopy                | THEORETICA       | L SESSION - AUDITORIUM   |  |
| 08:30 - 10:30 am       Live surgery - total Laparoscopic Hysterectomy          10:30 - 11:00 am       Coffee Break         THEORETICAL SESSION - AUDITORIUM         Leader          11:00 - 11:15 am       Surgical rules in laparoscopy          11:15 - 11:30 am       Pelvic anatomy          11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 12:00 pm       Video session: ovarian cystectomy          12:00 - 12:15 pm       Correct approach of the adnexal mass          12:10 - 02:00 pm       Lunch at the institute          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          2:00 - 03:00 pm       SUTURE EXERCISES - PART 1          THEORETICAL SESSION - AUDITORIUM           0:00 - 03:05 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          0:300 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          0:300 - 03:30 pm       Video session: difficulty and challenging gynecological laparoscopy          0:300 - 03:45 pm       Preoperative and post surgery in gynecological laparoscopy          0:300 - 03:45 pm       Video session: difficulty       | Chairpersons     |  |  |
| 10:30 - 11:00 am       Coffee Break         THEORETICAL SESSION - AUDITORIUM         Leader          11:00 - 11:15 am       Surgical rules in laparoscopy          11:15 - 11:30 am       Pelvic anatomy          11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 12:00 pm       Video session: ovarian cystectomy          12:00 - 12:15 pm       Correct approach of the adnexal mass          12:30 - 01:00 pm       Questions session - PART 2          01:10 - 02:00 pm       Lunch at the institute          PRACTICAL SESSION - EXPERIMENTAL LABORATORY           02:00 - 03:00 pm       SUTURE EXERCISES - PART 1          THEORETICAL SESSION - AUDITORIUM           03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          03:00 - 03:15 pm       Preoperative and post surgery in gynecological laparoscopy          03:00 - 03:15 pm       Preoperative and post surgery in gynecological laparoscopy          03:00 - 03:15 pm       Preoperative and post surgery in gynecological laparoscopy          03:45 - 04:00 pm       Video session: difficulty and challenging in total             | 08:00 – 08:30 am | Total hysterectomy: step by step   |  |
| THEORETICAL SESSION – AUDITORIUM         Leader          11:00 – 11:15 am       Surgical rules in laparoscopy          11:30 – 11:45 am       Pelvic anatomy          11:30 – 11:45 am       How to remove specimens in gynecological laparoscopy          11:30 – 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 – 12:00 pm       Video session: ovarian cystectomy          12:00 – 12:15 pm       Correct approach of the adnexal mass          12:30 – 01:00 pm       Laparoscopic myomectomy          12:30 – 01:00 pm       Lunch at the institute         PRACTICAL SESSION – EXPERIMENTAL LABORATORY          Leader          02:00 - 03:00 pm       SUTURE EXERCISES – PART 1         THEORETICAL SESSION – AUDITORIUM          Chairpersons          03:00 – 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          03:00 – 03:15 pm       Preoperative and post surgery in gynecological laparoscopy          03:15 – 03:30 pm       Video session: difficulty and challenging in total laparoscopic hysterectomy          03:45 – 04:00 pm       Video session – PART 1  | 08:30 – 10:30 am | Live surgery – total Laparoscopic Hysterectomy                               |  |
| Leader11:00-11:15 amSurgical rules in laparoscopy11:30-11:45 amPelvic anatomy11:30-11:45 amHow to remove specimens in gynecological laparoscopy11:30-11:45 amHow to remove specimens in gynecological laparoscopy11:45-12:00 pmVideo session: ovarian cystectomy12:00-12:15 pmCorrect approach of the adnexal mass12:30-01:00 pmLaparoscopic myomectomy12:30-01:00 pmQuestions session - PART 201:10-02:00 pmLunch at the institutePRACTICAL SESSION - EXPERIMENTAL LABORATORYLeader02:00-03:00 pmSUTURE EXERCISES - PART 1THEORETICAL SESSION - AUDITORIUMChairpersons03:00-03:15 pmPrevious surgeries and laparoscopy in gynecological laparoscopy03:01-03:30 pmVideo session: difficulty and challenging gynecological laparoscopy03:01-03:45 pmPreoperative and post surgery in gynecological laparoscopy03:01-04:30 pmVideo session: difficulty and challenging in total laparoscopy04:00-04:30 pmQuestions session - PART 1PRACTICAL SESSION - EXPERIMENTAL LABORATORY04:00-04:30 pmQuestions session - PART 1PRACTICAL SESSION - EXPERIMENTAL LABORATORY04:00-04:30 pmQuestions session - PART 1PRACTICAL SESSION - EXPERIMENTAL LABORATORY04:00-04:30 pmQuestions session - PA            | 10:30 - 11:00    | am Coffee Break  |  |
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| 11:15 - 11:30 am       Pelvic anatomy          11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 12:00 pm       Video session: ovarian cystectomy          12:00 - 12:15 pm       Correct approach of the adnexal mass          12:15 - 12:30 pm       Laparoscopic myomectomy          12:30 - 01:00 pm       Questions session - PART 2          01:10 - 02:00 pm       Lunch at the institute         PRACTICAL SESSION - EXPERIMENTAL LABORATORY         Leader          02:00 - 03:00 pm       SUTURE EXERCISES - PART 1         THEORETICAL SESSION - AUDITORIUM         Chairpersons          03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          03:00 - 03:30 pm       Video session: difficulty and challenging gynecological laparoscopy          03:00 - 03:30 pm       Video session: difficulty and challenging in total laparoscopy          03:00 - 03:30 pm       Video session: - PART 1          04:00 - 04:30 pm       Questions session - PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          04:00 - 04:30 pm       Questions session - PART 1                      | Leader           |  |  |
| 11:30 - 11:45 am       How to remove specimens in gynecological laparoscopy          11:45 - 12:00 pm       Video session: ovarian cystectomy          12:00 - 12:15 pm       Correct approach of the adnexal mass          12:15 - 12:30 pm       Laparoscopic myomectomy          12:30 - 01:00 pm       Questions session - PART 2          01:10 - 02:00 pm       Lunch at the institute         PRACTICAL SESSION - EXPERIMENTAL LABORATORY         Leader          02:00 - 03:00 pm       SUTURE EXERCISES - PART 1         THEORETICAL SESSION - AUDITORIUM          03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          03:30 - 03:45 pm       Video session: difficulty and challenging gynecological laparoscopy          03:30 - 03:45 pm       Preoperative and post surgery in gynecological laparoscopy          03:30 - 03:45 pm       Video session: difficulty and challenging in total laparoscopy          03:30 - 03:45 pm       Video session - PART 1          04:00 - 04:30 pm       Video session - PART 1          04:00 - 04:30 pm       Questions session - PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY    | 11:00 – 11:15 am | Surgical rules in laparoscopy  |  |
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| 12:00 - 12:15 pm       Correct approach of the adnexal mass          12:15 - 12:30 pm       Laparoscopic myomectomy          12:30 - 01:00 pm       Questions session - PART 2          01:10 - 02:00 pm       Lunch at the institute          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          Leader          02:00 - 03:00 pm       SUTURE EXERCISES - PART 1         THEORETICAL SESSION - AUDITORIUM          03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecology          03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          03:00 - 03:45 pm       Video session: difficulty and challenging gynecological laparoscopy          03:30 - 03:45 pm       Preoperative and post surgery in gynecological laparoscopy          03:45 - 04:00 pm       Video session: difficulty and challenging in total laparoscopic hysterectomy          04:00 - 04:30 pm       Questions session - PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          Uader   | 11:30 – 11:45 am | How to remove specimens in gynecological laparoscopy                         |  |
| 12:15 - 12:30 pm       Laparoscopic myomectomy          12:30 - 01:00 pm       Questions session - PART 2          01:10 - 02:00 pm       Lunch at the institute         PRACTICAL SESSION - EXPERIMENTAL LABORATORY         Leader          02:00 - 03:00 pm       SUTURE EXERCISES - PART 1         THEORETICAL SESSION - AUDITORIUM         Chairpersons          03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecology          03:00 - 03:30 pm       Video session: difficulty and challenging gynecological laparoscopy          03:00 - 03:15 pm       Previous surgeries and laparoscopy in gynecological laparoscopy          03:00 - 03:30 pm       Video session: difficulty and challenging gynecological laparoscopy          03:30 - 03:45 pm       Preoperative and post surgery in gynecological laparoscopy          03:45 - 04:00 pm       Video session: difficulty and challenging in total laparoscopic hysterectomy          04:00 - 04:30 pm       Questions session - PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          Leader  | 11:45 – 12:00 pm | Video session: ovarian cystectomy  |  |
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| PRACTICAL SESSION – EXPERIMENTAL LABORATORY         Leader          02:00 – 03:00 pm       SUTURE EXERCISES – PART 1         THEORETICAL SESSION - AUDITORIUM         Chairpersons          03:00 – 03:15 pm       Previous surgeries and laparoscopy in gynecology          03:00 – 03:15 pm       Video session: difficulty and challenging gynecological laparoscopy          03:30 – 03:45 pm       Preoperative and post surgery in gynecological laparoscopy          03:45 – 04:00 pm       Video session: difficulty and challenging in total laparoscopy          04:00 – 04:30 pm       Questions session – PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          Leader   | 12:30 – 01:00 pm | Questions session - PART 2   |  |
| PRACTICAL SESSION – EXPERIMENTAL LABORATORY         Leader          02:00 – 03:00 pm       SUTURE EXERCISES – PART 1         THEORETICAL SESSION - AUDITORIUM         Chairpersons          03:00 – 03:15 pm       Previous surgeries and laparoscopy in gynecology          03:00 – 03:15 pm       Video session: difficulty and challenging gynecological laparoscopy          03:30 – 03:45 pm       Preoperative and post surgery in gynecological laparoscopy          03:45 – 04:00 pm       Video session: difficulty and challenging in total laparoscopy          04:00 – 04:30 pm       Questions session – PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          Leader   | 01:10 - 02:00    | pm Lunch at the institute  |  |
| Leader02:00 - 03:00 pmSUTURE EXERCISES - PART 1THEORETICAL SESSION - AUDITORIUMChairpersons03:00 - 03:15 pmPrevious surgeries and laparoscopy in gynecology03:15 - 03:30 pmVideo session: difficulty and challenging gynecological laparoscopy03:30 - 03:45 pmPreoperative and post surgery in gynecological laparoscopy03:45 - 04:00 pmVideo session: difficulty and challenging in total laparoscopic hysterectomy04:00 - 04:30 pmQuestions session - PART 1PRACTICAL SESSION - EXPERIMENTAL LABORATORYLeader   |                  |  |  |
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| 03:15 - 03:30 pm       Video session: difficulty and challenging gynecological laparoscopy          03:30 - 03:45 pm       Preoperative and post surgery in gynecological laparoscopy          03:45 - 04:00 pm       Video session: difficulty and challenging in total laparoscopic hysterectomy          04:00 - 04:30 pm       Questions session - PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY  | Chairpersons     |  |  |
| 03:30 - 03:45 pmPreoperative and post surgery in gynecological laparoscopy03:45 - 04:00 pmVideo session: difficulty and challenging in total laparoscopic hysterectomy04:00 - 04:30 pmQuestions session - PART 1PRACTICAL SESSION - EXPERIMENTAL LABORATORYLeader   | 03:00 – 03:15 pm | Previous surgeries and laparoscopy in gynecology                             |  |
| 03:45 – 04:00 pm       Video session: difficulty and challenging in total laparoscopic hysterectomy          04:00 – 04:30 pm       Questions session – PART 1          PRACTICAL SESSION - EXPERIMENTAL LABORATORY          Leader   | 03:15 – 03:30 pm | Video session: difficulty and challenging gynecological laparoscopy          |  |
| 04:00 – 04:30 pm Questions session – PART 1<br>PRACTICAL SESSION - EXPERIMENTAL LABORATORY<br>Leader  | 03:30 – 03:45 pm | Preoperative and post surgery in gynecological laparoscopy                   |  |
| PRACTICAL SESSION - EXPERIMENTAL LABORATORY Leader  | 03:45 – 04:00 pm | Video session: difficulty and challenging in total laparoscopic hysterectomy |  |
| Leader  | 04:00 – 04:30 pm | Questions session – PART 1   |  |
|   | PRACTICAL S      | SESSION - EXPERIMENTAL LABORATORY  |  |
| 04:30 – 06:00 pm SUTURE EXERCISES – PART 2  | Leader           |  |  |
|   | 04:30 – 06:00 pm | SUTURE EXERCISES – PART 2  |  |

This programme may be subject to modifications or cancellations for timing reasons

End of the day / Faculty & Participants Shuttle Bus : IRCAD - Hotel

06:00 pm



## Saturday, October 16th 2021

## **THEORETICAL SESSION**

#### Chairpersons

| 08:00 – 08:15 am | Intraoperative complications and how to handle them: INTESTINAL |                  |
|------------------|---|------------------|
| 08:15 – 08:30 am | Intraoperative complications and how to handle them: BLADDER    |                  |
| 08:30 – 08:45 am | Intraoperative complications and how to handle them: URETER     |                  |
| 08:45 – 09:00 am | Intraoperative complications and how to handle them: VASCULAR   |                  |
| 09:00 – 09:15 am | Intraoperative complications and how to handle them: ADHERENCE  |                  |
| 09:15 – 09:50 am | Questions session - PART 4                                      |                  |
| 09:50 – 10:00 am | Laboratory rules  | Laboratory staff |
|                  |   |                  |

10:00 – 10:30 am

**Coffee Break** 

## PRACTICAL SESSION - EXPERIMENTAL LABORATORY

#### Leader

| 10:30 – 10:45 am | How to perform the first acess |
|------------------|--------------------------------|
| 10:45 – 12:00 pm | Practice on live tissue        |
| 12:00 – 12:15 pm | Suture techniques              |
| 12:15 – 01:00 pm | Practice on live tissue        |

01:00 – 02:00 pm

Lunch at the Institute

## PRACTICAL SESSION - EXPERIMENTAL LABORATORY

| Leader           |                                     |                  |
|------------------|-------------------------------------|------------------|
| 02:15 – 02:30 pm | Energy: tips and care when using it |                  |
| 02:30 – 04:45 pm | Practice on live tissue             |                  |
| 04:45 – 05:00 pm | Closing remarks                     | Ricardo dos Reis |

#### 05:00 pm End of the course

Faculty and participants shuttle bus: IRCAD - Hotel / IRCAD - Airports